

Our Mission: Educate the Children works with women and children in Nepal to improve health, welfare, and self-sufficiency by building skills that families can pass down to later generations.



**Educate the Children
Nepal**
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www.etc-nepal.org

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Join ETC in Nepal in November 2023!

ETC is offering an **immersive travel and trekking opportunity**, specially created to provide an experience that cannot be found on traditional tours of Nepal. Our **2-week journey** will take us from the ancient cities of the Kathmandu Valley to the small and relatively isolated villages of the Tarai, where ETC is currently working. South of Nepal's hills and mountains, the Tarai is the northern edge of the Gangetic Plain that runs along the border with India, and is home to approximately half of Nepal's population of almost 30 million people.

The itinerary includes **diverse experiences**: we will explore Newari cultural and architectural sites, stay at a wildlife reserve on a major river, and visit ETC's completely untouristed current working villages. We'll have the opportunity to meet ETC project staff and women's group members and **see firsthand ETC's incredible work** and why it is so effective. From there, we'll go to a relatively new and **uncrowded trekking circuit offering spectacular views** of Mt. Everest and its neighboring peaks. Our easy-to-moderate route will take us through rhododendron and bamboo forests and meadows, and along ridgelines, rivers, and hilltops to enjoy a variety of vistas.

This **one-of-a-kind and extraordinary excursion**, uniquely customized for ETC, is a fundraising activity. The cost is \$4,114 per person (plus international airfare), including a tax-deductible donation and based on double occupancy. Review details at www.etc-nepal.org/travel-2023/. If interested, please e-mail Lisa Lyons at director@etc-nepal.org or Teresa Naylor at info@etc-nepal.org by April 1, 2023.



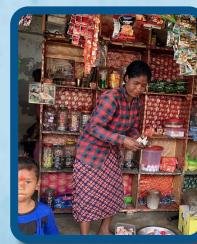
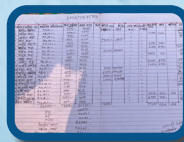
Highlight: Rishikul Women's Group is Flourishing

One of our poorest women's groups, Rishikul, has made real progress in a relatively short amount of time.

The women are not (yet) able to contribute more than ~85¢ monthly to the group savings. At this point their loans are small (US\$22-\$38), but meaningful – bicycle parts so their husband can get to work, fertilizer for a rented rice field, or repair of a water pump. ETC has also distributed pigs and goats to some members, who will repay the cost of the livestock to the group fund.



Kitchen gardens are a big challenge for this group, who don't own any land. Solutions include vegetables planted in plastic containers hung on fences or using common outdoor space for gardens. Some women also grow cauliflower, cabbage, and chilies on market gardening plots. ETC has helped them experiment with different techniques and hybrids to result in a greater crop yield.



We are proud of the creative and resilient ways these women are improving their lives! (left) Meticulously kept group deposits and loans ledger; (right) women's group member opened shop using microcredit loan



**EDUCATE THE CHILDREN
NEPAL**

Founder: Pamela Carson



**Winter 2022-23
Newsletter &
FY 2021-2022
Annual Report**

Message from the Directors:

When you support ETC, you are really making an investment – and it's paying off!

You are **investing in children's futures** through school improvements and teacher training:

- ETC and local partner Save the Earth work with twelve schools (covering grades pre-kindergarten through 12) and an additional eleven affiliated early childhood education classrooms, with total enrollment of more than 2,000 students.
- All of these schools and classrooms received classroom and recreational materials, furniture, first aid kits, and drinking water filtering equipment, and some have had new toilets and other physical improvements.
- Every early childhood teacher and 20 math and science teachers benefited from multi-day, best-practice-based training opportunities during the last program year alone.
- We provided technical school scholarships to ten students studying to become civil engineers and agricultural specialists.

You are **investing in women's empowerment** when they gain skills and resources to help them/their families live better, healthier lives:

- Our 44 women's groups, totaling 1,025 members, managed over US\$18,000 in microcredit funds as of June 2022. These funds are loaned to members for income-generating purposes such as buying additional livestock to raise or purchasing stock for a small shop.
- We support agricultural activities for all women's group members to improve their families' nutrition and food security, as well as earn more money. Every member grows a kitchen garden year-round, and hundreds also engage in livestock raising or market gardening. Some women have already increased their annual household incomes by 25% or more!
- We promote non-agricultural income-generating activities too. Last spring, fifteen women participated in an intensive 2-week training to make baskets to sell at local or regional markets. Such activities are not weather-sensitive and can be done by women unable to engage fully in agricultural work due to age, physical restrictions, or lack of land.

All of this, as useful and impressive as it is, only begins to scratch the surface. In these and so many other ways, you are **investing in rural Nepal's communities** by helping thousands of people improve their health, increase their knowledge base and earning capacity, and get and stay out of cyclical poverty!

We are delighted to share the results of another successful year! You can regularly find recent photos of our activities at www.etc-nepal.org/photos-and-publications/, and from there you can also access our YouTube channel, where we have a number of short videos about ETC's projects and life in the villages where we are working.

Once again, we want to express our gratitude to **you**, our friends and supporters, for making it all possible. Please feel free to write to Lisa at director@etc-nepal.org if you have questions or comments about this report.

Sincerely,

Mira Rana

Mira Rana,
Director, ETC-Nepal

Lisa Lyons

Lisa Lyons,
U.S. Director



Students at Ram Janaki Basic School



Women's group member selling vegetables at market

It would be difficult to overemphasize what it meant to join Lisa for our site visit in Nepal last year and observe firsthand the work ETC does. For well over a decade, via abundant photos and data and communication, I have appreciated the incredible impact we make in our project areas. Yet it was nothing less than life-changing to behold the villages and surrounding region, excited school children in their classrooms, dynamic women's group meetings, and vibrant and creative kitchen gardens and commercial plots, and to intimately see, hear, and feel the appreciation for ETC in every individual interaction. Mira and the ETC staff in Kathmandu, as well as our incredible local partners in Sunsari, Save the Earth, demonstrated a level of dedication and expertise that goes far beyond pride and work ethic. I am so grateful to have seen for myself the amazing love and commitment that encompasses ETC's project work.

- Teresa Naylor, Sponsorships & Communications Manager



ETC Recognized for Excellence



ETC continues to invest deeply in our project area – 4 high-needs wards of Ramdhuni Municipality in Sunsari District – and made tremendous progress during the 21-22 fiscal year



More than 2,200 children and 130 teachers directly benefited from ETC’s program. 70 students from marginalized families received community education scholarships and received a backpack, uniform, stationery supplies, and hygiene items. 568 children of women’s group members were also provided with backpacks filled with stationery items, which encourages students to attend school and minimizes the economic burden on their parents. 10 students were awarded technical school scholarships based upon economic need as well as excellent exam scores. **In addition, 43 teachers participated in either pre-primary school or math/science 4-day trainings.**



\$18,824 was saved among ETC’s 44 women groups, most of which was reinvested in members as loans for income-generating endeavors. ETC’s investment in these groups – which includes supplies, various informative and skill development trainings (such

as Indigenous craft-making, with 15 women participating), seed money for group microcredit savings, kitchen garden start-up materials and training, and more – motivates and inspires the women to invest in themselves and in their families and community. *ETC also facilitates the organization of regular group and chairperson meetings; the women’s groups held a total of 528 group meetings last year!*



1,025 women’s group members were supported with a variety of winter and rainy season vegetable seeds. 48 market garden farmers produced and sold a total of 1,572 kg vegetables to earn extra income for their families. 76 group members were each provided with one female goat and 74 were given piglets (2 each). 15 women’s groups received poultry support, totaling 1,540 chicks and 1,400 ducklings (20 per member). **ETC provided a wide array of trainings and support for kitchen gardening, lead farmer organizing, market garden farming, and goat, pig, and poultry -raising.**



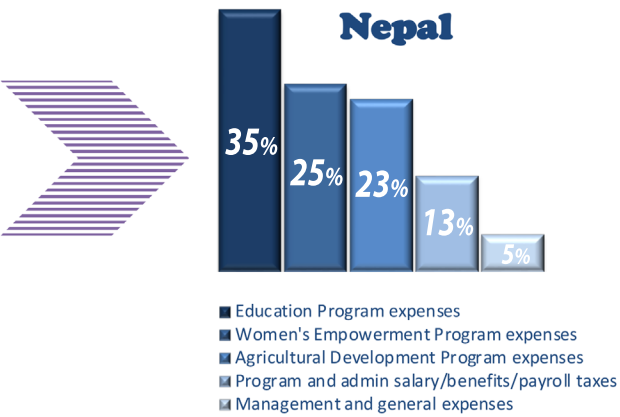
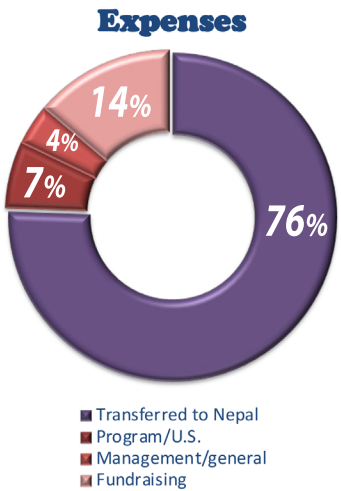
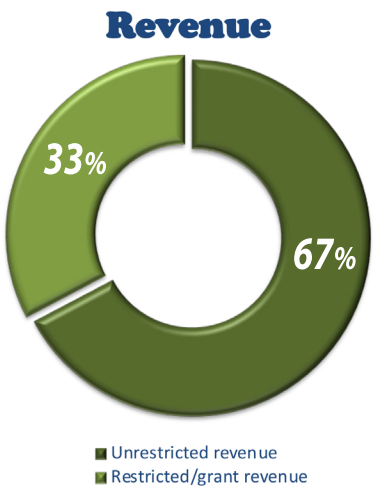
ETC Financial Summary 2021-2022

Net Assets (6/30/22)
\$273,897

Revenue^{1,3} • \$316,729
Unrestricted • \$213,101
Restricted/grant revenue • \$103,628

Expenses² • \$314,838
Transferred to Nepal³ • \$237,863
Program/U.S. • \$20,620
(salary/payroll taxes \$15,143, other \$5,477)
Management/general • \$12,836
(salary/payroll taxes \$9,902, other \$2,934)
Fundraising • \$43,519
(salary/payroll taxes \$33,199, other \$10,320)

¹ An estimated 500 or more individuals, foundations, corporations, civic/religious organizations, and other donors contributed to ETC’s revenue for FY21/22. As some donors give anonymously via workplace giving programs and other means, this is a conservative estimate.
² “Other” includes postage, printing, credit card transaction and bank fees, phone/communications, pledge write-offs, public relations, auditing and bookkeeping fees, program and office supplies, and miscellaneous expenses.
³ Figures include funds received via the Advocates for Human Rights and transferred to Nepal, per the terms of our Memorandum of Understanding (MOU) with that organization.



ETC’s success is made possible by the generosity of friends like you. ETC works side-by-side with disadvantaged people in Nepal to help transform their lives through education, credit, agriculture, and health programs. Your tax-deductible gift ensures the opportunity for thousands more women in Nepal to improve their lives and feed and educate their families.
Visit www.etc-nepal.org/donate

Pamela Carson Society
Named for ETC’s founder, the **Pamela Carson Society** honors those who remember Educate the Children in their will or estate plan. Legacy gifts insure that our important work remains a life-transforming catalyst in Nepal. To discuss a bequest to ETC, please contact us at info@etc-nepal.org or 607-272-1176.

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